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Dear Parents/Carers

I hope this letter finds you all well and keeping safe.

I wanted to write to you all, to pass on to you and our young people of SHS, my huge thanks.

It has been amazing just how much engagement young people have been involved with in the work teachers have been preparing.

I would encourage all young people where possible to engage with the work set.

I would just like to underline, my clear recognition of how difficult this time is for many people. I would also like to remind you that everyone's health and wellbeing is central to getting through this difficult time. I am aware the week of May 18th-25th is Mental Health Awareness Week, and the strap line is 'Be Kind'.

You will be aware of a number of activities all schools in Scotland are involved in:

1. Estimates for SQA: SHS is well placed with evidence and how well we know our young people to complete the task. We are well on our way to completing this.
2. Continued support for young people.
3. Starting to discuss how to return to school: this will be very much led by the Scottish Government and with the Health and Safety of all central to the process.

I include a poster that may be of help as we continue through lockdown and beyond.

Thank you again for your ongoing support.

Stay safe and keep well.

Kind regards

Mrs Goodbrand
Head Teacher



Healthy
Respectful
Responsible
Achieving
Ambitious
Dedicated