



Speyside High School

# MENTAL HEALTH & WELL- BEING

Drop-in Session  
**S1-S3**



Mondays 12:30-1:10pm - Starts  
14th September 2020

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**ROOM 2**  
**WELLBEING HUB**

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A youth worker will be available to support  
pupils with any health and well being  
questions or concerns, just pop in...

