



Spey Safe

Friday 9 October 2020



Remember **FACTS** for a safer Scotland

- F** Face coverings 
- A** Avoid crowded places 
- C** Clean your hands regularly 
- T** Two metre distance 
- S** Self isolate and book a test if you have symptoms 

nhsinform.scot/coronavirus
#WeAreScotland



HOLIDAYS!



Wishing you all a safe and restful holiday period when you can relax and recharge. Please remember to adhere to the new guidelines which can be found at <https://www.gov.scot/coronavirus-covid-19/>

