



# **SPEYSIDE HIGH SCHOOL**

## **P7 VIRTUAL TRANSITION DAY TUESDAY 8<sup>th</sup> JUNE**



**NAME:**

**PRIMARY SCHOOL:**

## **Welcome to Speyside High School!!**

Although you are unable to visit as originally planned; we can still have some fun via our Virtual Transition Day.

The Virtual Transition Day pack contains a welcome activity from the different subjects that you will have in S1. Don't worry about completing all the activities – just do what you can! Please remember to take this pack with you when you start SHS. Enjoy!

We are looking forward to meeting you in person!

Miss Boyd

S1 Year Head

# Personal and Social Education (PSE)

*Teachers: Mrs MacInnes (Fiddich), Mrs Winwood-Young (Livet) & Mr Craven (Rinnes)*

## 'All About Me'

Before you join Speyside High School, it would be lovely to get to know you! On a piece of paper and using your creativity, please complete the following either by writing or drawing or both:

- Draw round your hand.
- Write your name in the palm of your handprint.
- Pick 5 of the following questions and write/draw the answer in one of the fingers.
  - What is your date of birth?
  - Who is in your family?
  - What is your favourite food?
  - What hobbies do you have?
  - What is your favourite subject at school?
  - What is your favourite film/tv show?
  - What is your favourite book?

If you would like to tell us more about you, feel free to add more information. If you can, add some colour to make it nice and bright.

We can't wait to see your work and meet you in person!

# Universal Personalised Support (UPS)

*Teachers: Mrs Duffy, Mr Hogg (Fiddich), Miss McWilliam (Livet) & Mrs Bye-Jenson (Rinnes)*

UPS is all about allowing you to discover more about yourself and helping you to improve on the skills you will need to be successful in learning, life and work.

Your UPS task is to complete a short quiz called 'Animal Me'. This will help you to discover what makes you tick and what you are good at. You will learn about your personality. Plus, just for fun, you will find out which animal is most like you. It's easy to answer and only takes five minutes. You don't need any login details, just use the link below to start the quiz.

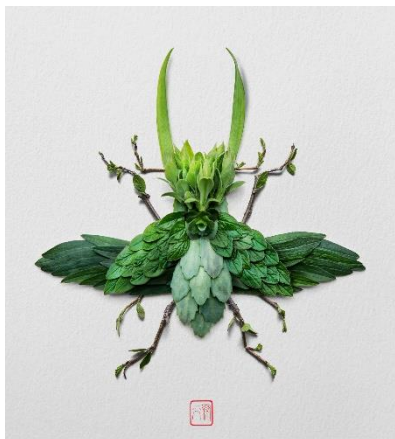
[animalme.myworldofwork.co.uk/](https://animalme.myworldofwork.co.uk/)

# Art and Design

*Teachers: Mrs Briston & Miss MacPherson*

## Project: Raku Inoue

Using flowers, leaves, twigs, and seeds, Canadian artist **Raku Inoue** creates intricate portraits of insects. **Inoue** usually makes his sculptures without adhesives, but for complex projects, he will use glue and tape.



Watch this YouTube video to see Raku Inoue making his creations:

[Turning Flowers Into "Insects"?](#)

### What to do now?

- First, research insects, collect images for inspiration.
- Then find some tools, scissors, pins, paintbrush, sharp pencil, a plate, or container whatever you can find, and think might need for the project.
- Next gather suitable materials (Ikebana).
- Prepare the materials and the surface for your creation.
- Build your insect.
- Take a photo from above and on a plain background. Use a window ledge or lamp for the best light. (avoid your shadow)
- Send in your photos, we would love to see them. Good Luck

You should apply Ikebana in this project, only use fallen flowers and cuttings, respect the material and find the materials of the season.

# WELCOME TO ENGLISH!!!

*Teachers: Mr Hay, Mrs Boardman, Miss McWilliam, Mrs O'Hara & Mrs Whitecross*

You are going to write an acrostic poem, using your name and things about yourself and your personality.

You will probably know what an acrostic poem is, but if you need a reminder, then there is an example for you under this.

When you have completed your poem, you can add pictures and decorations to it. The completed acrostics will be displayed on your S1 classroom wall.

EXAMPLE: JAN is the name

Jumping around every time I get a fright  
Astonishingly good at scoring goals at football  
Never scared to try new things

Now it's your turn!

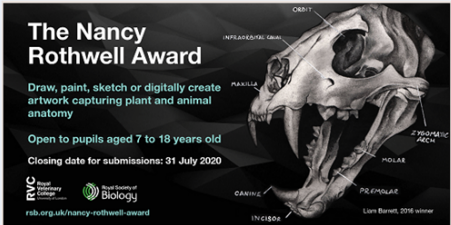
1. Write down words and/or phrases that describe your personality.
2. Try to link these with the initials of your name.
3. Write out a rough draft.
4. Remember to check your spelling and capital letters before you write it out properly.
5. It should be A4 size.
6. Decorate it as you want.

ENJOY!!!

# Science

Teachers: Dr Harris, Mr Hogg & Mrs Archibald

Welcome from the Science Department at Speyside High School. We look forward to welcoming you next year. We have suggested some quick Science activities you can try at home. No need to do all of them...just as many as interest you...PLEASE CHECK WITH AN ADULT BEFORE ATTEMPTING THE MESSY CHALLENGES!

<p><b>Learn the periodic table song</b></p> <p>How far can you get?  <a href="https://www.youtube.com/watch?v=rz4Dd1I_fX0">https://www.youtube.com/watch?v=rz4Dd1I_fX0</a> or google Periodic Table Song (2018 update)</p> <p>Drive your parents mad!</p>	<p><b>Make a Non-Newtonian liquid</b></p> <p><b>Messy alert!</b></p> <ol style="list-style-type: none"> <li>1. Pour 1 cup corn flour into a bowl.</li> <li>2. Add 1/2 cup of water and stir to combine.</li> </ol> <p>What happens when you squash it?          What happens you don't squash it?</p>	<p><b>Make a film canister rocket</b></p> <p>You will need:</p> <ol style="list-style-type: none"> <li>1. Film canister/or empty spice tub</li> <li>2. Fizzy vitamin C tablet</li> </ol> <p>Fill the film canister about 1/5 full of water. Add the tablet. Quickly put the lid on. Flip it over, <b>stand well back</b> and watch!</p>
<p><b>Growing Gummi-bears</b></p> <p>You will need:</p> <ol style="list-style-type: none"> <li>1. Haribo golden bears</li> <li>2. Cup of water</li> </ol> <p>Put the Gummi bear in a cup of water and leave overnight?          ...What happens?          Leave it longer?          ....What happens?</p> <p>Try soaking it in Salty water.</p> <p>DO NOT EAT the Gummi bears after soaking – as bacteria/mould can grow on the surface.</p>	<p><b>Acid or Alkali? – Red Cabbage indicator</b></p> <p>You will need:</p> <ol style="list-style-type: none"> <li>1. Red cabbage</li> <li>2. Boiling water</li> </ol> <p>Chop the cabbage into small pieces <b>(parental supervision required)</b> until you have about 2 cups of chopped cabbage. Place the cabbage in a large bowl/pan and add boiling water to cover the cabbage. Soak for at least 10 minutes for the colour to leach out of the cabbage. Drain the liquid into a jug.</p> <p>Add different chemicals like bicarbonate of soda or vinegar to small amount of the indicator...what happens to the colour?</p>	<p><b>Love drawing...try this...</b></p>  <p><b>The Nancy Rothwell Award</b></p> <p>Draw, paint, sketch or digitally create artwork capturing plant and animal anatomy</p> <p>Open to pupils aged 7 to 18 years old          Closing date for submissions: 31 July 2020</p> <p>Enter this competition  <a href="https://www.rsb.org.uk/get-involved/rsb-awards/nancy-rothwell-award">https://www.rsb.org.uk/get-involved/rsb-awards/nancy-rothwell-award</a></p> <p>Or draw for fun...</p>

# Modern Languages

Teachers: Mr Burns & Mrs Stewart



Dear Primary 7 pupils

We are looking forward to meeting you in the Modern Languages department at Speyside High School, where you will have the opportunity to learn French or German (twice a week) and Spanish (once a week).

We have a Kahoot challenge for you. It will give you the opportunity to see our classrooms and test your general knowledge about the languages you are going to be studying.

Go to [www.kahoot.it](https://www.kahoot.it) (not kahoot.com) and enter the game pin.

Game PIN: 08883439 (the pin expires on 18<sup>th</sup> June).

For your 'nickname' please use your first name and the initials of your school so we know who is who.

(APS = Aberlour Primary School, CPS = Craigellachie Primary School and so on.)

Go for it! You are being scored on correct answers and the time taken to answer. You have a limited time to complete this: the challenge will end on Wednesday 10 June at 12 noon and then we will announce the winners. There will be some small prizes for the top 5 players when we are back in school.

Bonne chance and viel Glück!

From

Mr Burns and Mrs Stewart

Speyside High School

And one more thing... we would love to see some videos of you speaking French or German. If you want to send us a video and if you have permission, ask an adult at home to video you saying hello, your name, age and where you live and send your video to [gw09burnsdavid9@glow.sch.uk](mailto:gw09burnsdavid9@glow.sch.uk).

Bonjour, je m'appelle...

j'ai onze ans

j'habite à Aberlour.

Guten Tag, ich heiße...

ich bin elf Jahre alt

ich wohne in Aberlour.



# Welcome to Geography!


Teacher: Mr Turner

Geography is all about the World around us. You will have studied bits of Geography throughout Primary School. It is all about understanding the processes and issues that shape our planet. These might be physical processes such as *extreme weather, glaciers, or rivers*. Or it might be the actions of humans, such as *population movement, resources, or transport*.

Geography is at its best when we look at the **interactions between humans and our planet**. This can be positive, such as *creating safe spaces for everyone to enjoy*, or it can be negative. And it doesn't get much more negative than the current *Climate & Ecological Emergencies*.

But as Geographers, we have to remember how AMAZING our planet is! Because if we love something, we will care for it.

**Your activity is to tell me about THREE places you would love to visit. Here's an example:**

<p>A Natural Environment I would love to visit:</p> <p>The Himalayan foothills of Mount Everest</p> 	<p>Describe the location &amp; give a reason why you would like to visit</p> <p>The Himalayas are in ASIA, along the border between India &amp; Nepal.</p> <p>I would like to visit here as I love mountains and glaciers. I would also love to meet the local people &amp; experience their traditions. We are also setting up a school-link with Nepal, so it would be amazing to visit our partner school</p>
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**Your locations should be from THREE DIFFERENT CONTINENTS. Aim to include a cartoon sketch or a photo.**

<p>A <b>Natural Environment</b> (location, place or ecosystem) I would love to visit:</p>	<p>Describe the location &amp; give a reason why you would like to visit</p>
<p>A <b>Human-made Environment</b> (building or location) I would love to visit:</p>	<p>Describe the location &amp; give a reason why you would like to visit</p>
<p>A third location I would love to visit:</p>	<p>Describe the location &amp; give a reason why you would like to visit</p>

This activity will help you with your first Geography task in August.

***Good luck and I look forward to meeting you all soon!***



# WELCOME TO SPEYSIDE HIGH SCHOOL

## HISTORY DEPARTMENT

*Teacher: Mr Roberston*

What do you know about History? You will have studied History in your Primary School, seen films and TV programmes based in History; you may even have read books about History. So what do you know? In the box below, write down any events, people, places, facts that you know about History.

Click here to enter text.

History can be interesting. In the box below, write down one historical fact that you think is interesting.

Click here to enter text.

There is a lot of History! Lots and lots. Even your History Teacher will not know everything about history. Can you write down one fact from History that you think your teacher might not know?

Click here to enter text.

Name

## Welcome to Modern Studies!

What is Modern Studies? I hear you all shout. Well... Modern Studies is about thinking about how people live and work together in society. It is about knowing what is going on in the world and being able to see arguments from different points of view.

So, normally on transition day I would give you a wee test about some famous political people, and then we would have a debate.

I thought we could have a go at doing something like this remotely.

I am going to show you pictures of some famous people – can you try and name these people and tell me a fact about each of them? The third one is more difficult, I will be very impressed if you can figure out who she is (she is not from the UK).



# Debateable

Here are some debate topics – a real skill in a debate is to be able to see more than one point of view. Here are three debate topics, try to see if you can come up with arguments for both sides

**Would it be better to be a pirate or a ninja?**

**Should we have a school uniform?**

**Violent video games should be banned**

# **Hello from the Maths Department!**

*Teachers: Mrs Robertson, Mr Irving, Mrs Weir & Mrs Nairn*

We hope you are all keeping safe and well during this time.

Usually, we come out to schools and meet you, and then you come to see us at high school. A number of you did meet Mrs Nairn, and when you get here you'll meet all the maths teachers - Mrs Robertson, Mr Irving and Mrs Weir. We're all looking forward to meeting you!

If you do have any questions about your maths (or about high school) your teachers will help or they can send your questions on to us.

When you come to us, all you need to bring is writing materials (in maths we use pencils and rulers). You don't need anything special at this stage.

We'll see you later!

Best wishes from the Maths Department!

## Speyside High School Maths: Tricky 18s!

Draw a circle around groups of numbers that total 18.

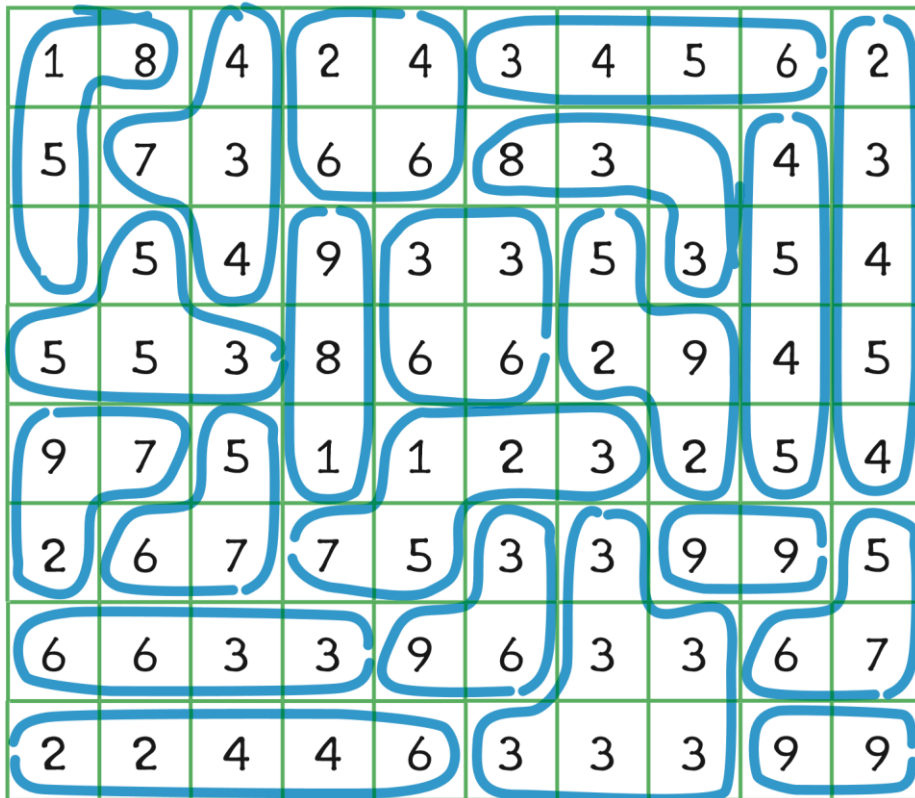
- You can't use a number more than once.
- Every number needs to be used.
- **A group can be any size** as long as every number inside adds up to 18.
- You can make a group horizontally, vertically or diagonally.

One has been done for you.

1	8	4	2	4	3	4	5	6	2
5	7	3	6	6	8	3	4	4	3
	5	4	9	3	3	5	3	5	4
5	5	3	8	6	6	2	9	4	5
9	7	5	1	1	2	3	2	5	4
2	6	7	7	5	3	3	9	9	5
6	6	3	3	9	6	3	3	6	7
2	2	4	4	6	3	3	3	9	9

## Answer

There are lots of solutions to this puzzle. Here is one:



A 10x10 grid puzzle solution. The grid contains numbers in each cell, and blue loops connect some of them. The loops connect the following pairs of cells (row, column): (1,1)-(1,2), (1,2)-(1,3), (1,3)-(2,3), (1,3)-(2,1), (1,4)-(1,5), (1,5)-(2,5), (1,6)-(1,7), (1,7)-(1,8), (1,8)-(1,9), (1,9)-(2,9), (2,1)-(2,2), (2,2)-(2,3), (2,3)-(2,4), (2,4)-(2,5), (2,5)-(2,6), (2,6)-(2,7), (2,7)-(2,8), (2,8)-(2,9), (2,9)-(2,10), (2,10)-(3,10), (3,1)-(3,2), (3,2)-(3,3), (3,3)-(3,4), (3,4)-(3,5), (3,5)-(3,6), (3,6)-(3,7), (3,7)-(3,8), (3,8)-(3,9), (3,9)-(3,10), (3,10)-(4,10), (4,1)-(4,2), (4,2)-(4,3), (4,3)-(4,4), (4,4)-(4,5), (4,5)-(4,6), (4,6)-(4,7), (4,7)-(4,8), (4,8)-(4,9), (4,9)-(4,10), (4,10)-(5,10), (5,1)-(5,2), (5,2)-(5,3), (5,3)-(5,4), (5,4)-(5,5), (5,5)-(5,6), (5,6)-(5,7), (5,7)-(5,8), (5,8)-(5,9), (5,9)-(5,10), (5,10)-(6,10), (6,1)-(6,2), (6,2)-(6,3), (6,3)-(6,4), (6,4)-(6,5), (6,5)-(6,6), (6,6)-(6,7), (6,7)-(6,8), (6,8)-(6,9), (6,9)-(6,10), (6,10)-(7,10), (7,1)-(7,2), (7,2)-(7,3), (7,3)-(7,4), (7,4)-(7,5), (7,5)-(7,6), (7,6)-(7,7), (7,7)-(7,8), (7,8)-(7,9), (7,9)-(7,10), (7,10)-(8,10), (8,1)-(8,2), (8,2)-(8,3), (8,3)-(8,4), (8,4)-(8,5), (8,5)-(8,6), (8,6)-(8,7), (8,7)-(8,8), (8,8)-(8,9), (8,9)-(8,10), (8,10)-(9,10), (9,1)-(9,2), (9,2)-(9,3), (9,3)-(9,4), (9,4)-(9,5), (9,5)-(9,6), (9,6)-(9,7), (9,7)-(9,8), (9,8)-(9,9), (9,9)-(9,10), (9,10)-(10,10), (10,1)-(10,2), (10,2)-(10,3), (10,3)-(10,4), (10,4)-(10,5), (10,5)-(10,6), (10,6)-(10,7), (10,7)-(10,8), (10,8)-(10,9), (10,9)-(10,10).

1	8	4	2	4	3	4	5	6	2
5	7	3	6	6	8	3		4	3
	5	4	9	3	3	5	3	5	4
5	5	3	8	6	6	2	9	4	5
9	7	5	1	1	2	3	2	5	4
2	6	7	7	5	3	3	9	9	5
6	6	3	3	9	6	3	3	6	7
2	2	4	4	6	3	3	3	9	9

# Computing Science, Digital Literacy & Technical

## @ Speyside High School

*Teacher: Mrs Bye-Jenson & Mr Bisset*

Learning Intentions:

1. What is an algorithm

Hello P7s!

At Speyside you'll be studying Computing Science which involves a lot of computer programming. My name is Mr Bisset and I'll be teaching you about how computers think and how to make them do what we want.

During this time you'll be learning all about algorithms. Algorithms are a series of instructions to perform a task or solve a problem.

To start creating algorithms you'll be playing with **Lightbot**.

If you have a Computer with access to Flash, you can try Lightbot here:

<https://lightbot.com/flash.html>

If you have an iPad, iPhone, Android Tablet or Android phone, you can find Lightbot on the App Store or Google Play Store.



Have fun and see you soon!  
Mr Bisset



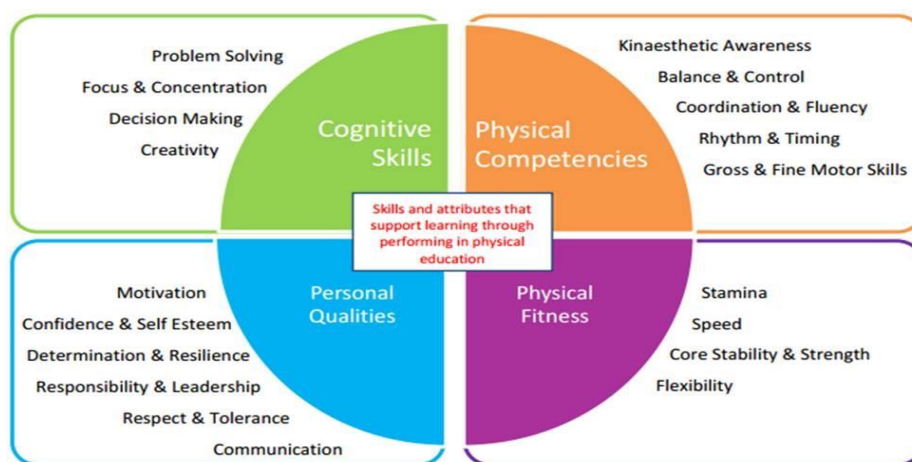
# PE Department

*Teachers: Mr Jagger, Ms Berry & Mrs O'Hara*

Hello S1s! We are really looking forward to meeting you all really soon, but in the meantime, we'll be meeting virtually!

We're setting you a short task that will get you ready for PE at Speyside.

Look below at the Benchmarks for PE. This shows you what we will learn in PE, and how you will learn it. You don't have to be able to do 100 keepy-ups to be amazing at PE and sport! We're interested in developing you as a whole person.



The picture on the left is from an NBA basketball match a few years ago.

Using the benchmarks above, see if you can answer the questions below...

Looking at the picture, can you give an example of where each of the following are being used in this game of basketball?

1. Cognitive Skills
2. Physical Competencies
3. Personal Qualities
4. Physical Fitness

Explain how you have used Personal Qualities either in a PE lesson at primary school, during some physical activity during lockdown, or during any coaching session that you've been to.

# HOME ECONOMICS

Teachers: Miss Wood & Mrs Barnes

## EMOJI QUIZ

Complete the Emoji's below to name some well-known  
Foods/Manufacturers/Restaurants.  
We have given you an example below.

	<b>PARTY RINGS</b>
	1.
	2.
	3.
	4.
	5.
	6.
	7.
	8.
	9.
	10.
	11.
	12.

## EMOJI QUIZ ANSWERS

1. Walkers
2. Starbucks
3. Doritos
4. Pizza Express
5. Nandos
6. Babybel
7. Cupcake/Coffee cake
8. Pot Noodle
9. Milkshake
10. Cornflakes
11. Blue Riband
12. Angel Delight

# Welcome to Global Goals

Teachers: Mr Turner, Mrs O'Hara, Miss Wood, & Mr McConnell

Global Goals is a unique course in S1. Over the course of the year, you will spend a block of time working with each of the four teachers, exploring different elements of the **United Nations Sustainable Development Goals** – also known as the Global Goals.

You might recognise the SDGs. They were created in 2015 and we have until 2030 to meet these international targets!



Before you begin the Global Goals course, we would love to know a bit about your prior knowledge.

*Have you seen the Global Goals logos before? Have you discussed them in school? Do your families know about the SDGs? What would you like to ask about the Global Goals?*

**Make some notes in the spaces below & be ready to explore the Goals when we see you in August!**

What I know about Global Goals from school...

What I know about Global Goals from home...

What I would like to **ASK** about the Global Goals...

# Introduction to RMPS /RME 2020



Teacher: Mr McConnell

## Aim of this task:

To introduce RMPS (RME) and different aspects of the S1 course.

R= Religion

M=Moral

P=Philosophical

Education/Studies



## Instructions

- These tasks can be completed on paper or by using ICT.
- Try to give as much detail as possible.
- Always explain your answer when asked for your opinion. If you are not sure try to consider both sides of the argument.



## WHAT DO YOU SEE?

Religious, moral and philosophical questions bring out many different ways that we can see the world.

You might see a duck or a rabbit or both. Interestingly, if it is closer to springtime - many people see the rabbit first. While if it is closer to October, they see a duck first.

Through discussion of these questions we can think creatively, share our views and gain a better understanding of ourselves and others.

We look at things differently because we have different experiences and influences on us.



What do you think?

If a tree falls in a forest,  
and no one is there to hear it,  
does it make a sound?

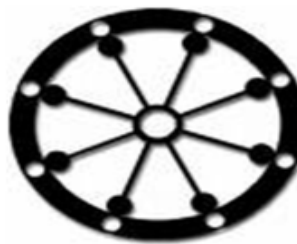




## TASK 1: Symbols are often used to represent beliefs.



Guess the **Religion**/belief!



Judaism,  
Christianity  
Sikhism  
Humanism  
Hinduism  
Islam  
Buddhism  
Atheist

## TASK 2

Guess the religion or beliefs of the famous person



## TASK 1

## ANSWERS

Islam



Judaism



Sikhism



Humanism



Guess the religion!

Islam Judaism, Sikhism, Humanism, Christianity, Hinduism, Buddhism, Atheist

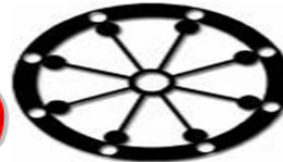
Christianity



Hinduism



Buddhism



Atheism



## TASK 2



Muslim = Muhammad Ali, Zain Malik, Christians= Justin Bieber/Hailey Baldwin, Barak Obama, Jewish= Natalie Portman, Adam Sandler. Sikhs = comedian Hardip Singh Kholi, Sanjeev Singh Kholi(Still Game) Buddhists = Orlando Bloom, Richard Gere. Atheists = Stephen Fry, Stephen Hawking Hindu- Julia Roberts, Priyanka Chopra wife of Nick Jonas





# PERFORMING ARTS: MUSIC

## Activity - Body Percussion

Teacher Video



SCAN ME

Play-along song



SCAN ME

### Extension Task

Now try again, but this time use a different type of body percussion.

Can you use body percussion to play along with other songs?

You can play music with your body. Like clapping, clicking, leg slapping and stomping. Try doing each.

- Scan the Teacher Video!
- How many ways can you make sound using body percussion?
- Pick one of those ways to play along with the song. Whenever the little bee lands on a flower make your body percussion sound!





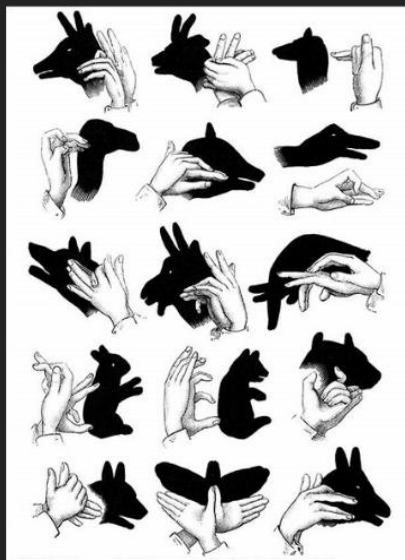
# PERFORMING ARTS: DRAMA

## Activity - Shadow Puppetry

Video on shadow  
puppets



SCAN ME



**Extension Task**  
Create a short play with at least  
two shadow hand puppet  
characters.

You will need to be close to a  
blank wall and use either a  
lamp/torch or the light from a  
window/sun.



SCAN ME

Follow the  
examples to  
create shadow  
puppets. Try to  
make at least  
three!

Seriously cool shadow puppet  
piece to music

## Welcome to the Technical Department!

Teacher: Mrs Bye-Jensen

the  
DESIGN  
MUSEUM

- Would you go to Mars if it was only a one way trip (you don't get to come back)?
- What do you think of HASSELL's Mars habitat design? (See video clip)
- Should humans go to Mars or just stay on Earth? Why?

Lockdown can feel very isolating as we stayed inside our homes all day in order not to spread the virus but imagine that you're among the first astronauts on Mars and this is your Martian habitat. You've landed on the red planet and you're living in a habitat (a home) build by robots before you arrived.

You can only go out for very short amounts of time in a spacesuit to work on experiments in the Martian atmosphere before you have to shield away from harsh sunlight that is not soaked up by Mars' thin atmosphere.

You'll spend most of your time in your Martian habitat... But what will that look like?

Designer Xavier De Kestelier from design company HASSELL tried to answer that question. Watch the video clip below;

<https://www.youtube.com/watch?v=k8QYnb4VkNw&t=3s>

### TASK:

- Design your own Mars habitat building. Create a drawing of your perfect Mars habitat and label your drawing with descriptive labels known as annotations. These annotations should list functions of the habitat and what each section will be used for. Before you start there are some questions that you will need to think about:
  - What materials can you use from the planet itself?
  - What materials will you take with you?
  - What shape will you make your habitat building?
  - Which rooms are essential for living?
  - Which rooms are you creating for astronauts and cosmonauts to relax in?
- Optional task: Build your own model of your Martian habitat from cardboard, old cartons and paints. You can use anything that you have to hand.

Moving to Mars

## P7 TRANSITION ACTIVITY FOR DESIGN & TECHNOLOGY

