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Our Ref: PG/MF Date: 24 May 2024

Dear Parent/Carer

Senior Induction Programme - new S4-6

We look forward to seeing your young person back in school for the start of their new academic year with our senior phase induction programme on Monday and Tuesday. There is an extensive programme in place for these young people including input from a wide variety of external partners. The four key themes which will run across the two days are:

- Team building
- Health and wellbeing
- Exam success
- Planning your future

Young people should arrive in school uniform on Monday and go to the auditorium on arrival at 8.45am. S5 and S6 will need to bring a PE kit with them for mental health and wellbeing input. S4 and S5 will need to bring a calculator for a financial education workshop.

School Uniform

With the start of the new timetable I would expect to see all young people in full school uniform as below:-

- 1. White shirt with school tie and black jumper/cardigan/sweatshirt; black jumper or hoodie with school logo OR
- 2. Polo shirt **not a round neck t-shirt** with black jumper/cardigan/sweatshirt; black jumper or hoodie with school logo

AND

Option 1 or 2 along with: black trousers **not joggers or leggings**/skirt/shorts **and** sensible footwear **preferably plain black**.

Please note that a **plain** (with no other logo) black jumper, sweatshirt or hoodie is also perfectly acceptable as uniform. A jumper or hoodie with the Speyside High School logo does not have to be worn. Any smart black trousers are acceptable, but joggers and sports leggings should not be worn unless for PE, and then they should be changed for uniform trousers.

In addition please note that young people should also follow the below standards:-

- All coats should be removed in class
- Phones should only be out in class if or when directed by a teacher
- Only water should be drunk in classes
- Gum should not be chewed in classes

Stepping/.

















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Stepping Out at Speyside Day 2024

On Tuesday 14 May, we welcomed the P7 pupils as part of the transition programme in attending the Stepping Out at Speyside Day event. The young people participated in activities including rugby, football, outdoor skills, craft, STEM and soft archery. The day was hugely successful with regards skill development and relationship building which all took place in glorious weather! We look forward to welcoming the P7 pupils back in June for their two day transition experience.

Anti-Bullying Survey – Next Steps

Following the Anti Bullying survey carried out last year, young people, parents/carers and staff suggested that an alternative method of communicating concerns could be helpful. With that in mind, the Speyside High Support QR code was launched in March 2024. The QR code can be accessed in various locations around the school including the Wellbeing Hub, toilets and corridors. The eform allows young people to report their concerns so appropriate support can be offered to all involved. Please note that this service is for young people to report their concerns and parents/carers are requested to contact the young person's Guidance Teacher directly to discuss any concerns.

Speyside High Support



Worried about they way people treat you or others? Worried about telling someone about it?

Why not use the Speyside High Support QR code to report your concerns. Fill in the form and support will be explored and offered to everyone involved in a sensitive way.



Draft Anti-Bullying Policy

In November 2023 the process of redrafting the Speyside High School Anti-Bullying Policy commenced with parents/carers, young people and staff having an opportunity to have their say via a survey. On analysis of the views, the Speyside High Support Code was launched to allow communication of bullying concerns. The views provided have also supported the production of the draft Speyside High School Anti-Bullying Policy which is attached. A consultation period is now open and we would be grateful of any comments with regards to the policy be submitted to admin.speysidehigh@moray-edunet.gov.uk by Friday 21 June. The finalised policy will be launched on our return in August.

'Let's Talk: Health, Wellbeing and Our Community'

As part of this year's Moray Wellbeing Festival, we have partnered up with NHS Grampian to offer a 'Let's Talk: Health, Wellbeing and Our Community' event for young people, parents and carers on Monday 27 May. The ultimate goal for the event is to empower all young people and their families to make informed choices for their mental and physical health and wellbeing and to know what services and supports are available in their community.

We appreciate that exam years in particular can be a difficult time to navigate as a parent/carer and we would like to offer the opportunity to hear from a wide range of organisations who are there to support you and your young person.

There will be a drop in session for all parents/carers in the high school running from 2.50pm to 3.40pm on 27 May where you will be able to walk round stalls and speak to a wide range of partners regarding all aspects of health and wellbeing. We would be delighted if you would be able to join us for this exciting partnership event.

DYW/.













Healthy Respectful Responsible Achieving Ambitious



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moray council

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DYW Moray Jobs fair

DYW Moray have over 60 employers attending from all sectors to promote live and upcoming jobs, apprenticeships and part time jobs for school pupils. It is running at **Elgin Town Hall on 29 May 4.30pm-7.30pm.** It is open to all ages and parents/carers are welcome to attend. The college will also be there as other employability partners if anyone wants to talk to them also.

Attendees should register via the link - https://app.onlinesurveys.jisc.ac.uk/s/uhi/moray-jobs-fair-2024?preview=clu71mq0f0029hyxbg7nvcr5z

Yours faithfully

Mrs P Goodbrand Head Teacher













