



PATRICIA GOODBRAND BSc(Hons), MEd

Head Teacher

Speyside High School Mary Avenue, Aberlour AB38 9QU

Tel 01340 871522

Email admin.speysidehigh@moray-edunet.gov.uk

Website www.speysidehighschool.net



Our Ref: PG/MF

Date: 20 September 2024

Dear Parent/Carer

Just a short newsletter today due to school walk! As I sit here it is still foggy but hopefully this will burn off soon.

Senior Phase Parents Evening

Thank you to everyone who was able to attend Parents Evening for S4, S5, S6 this week. Please note there is still time to make appointments for Wednesday next week for a further S4, S5 and S6 parents evening. The more support and partnership working we can manage the better for all our young people.

Wellbeing Walk

Thank you to all young people and colleagues who completed the wellbeing walk today. The sun was shining and everyone had a great time. If your young person raised any monies for the school fund please can this be handed in to the school office next week or via online payment.

Vision, Values and Aims

Moray Education: Vision, Values and Aims Consultation are currently undertaking a review of Moray Education's Vision, Values and Aims.

Vision: A better future for Moray's learners

Values: Growth, Respectful, Excellent, Achievement, Teamwork

Aims: Set 5, closely followed by Set 4

Please see QR code and link to the survey which will be open until **Friday 4 October at 5pm**. <https://forms.office.com/e/7jfQ9ZUVWi>

Moray Education: Vision, Values and Aims Consultation



Moray Parent Project Relaunch

Exchange Families are relaunching the Parent Project from 30 September 2024.

Please see the attached leaflet which includes information regarding registration dates for Parent Workshops and also information regarding booking a wellbeing call or access to other support options.

Registration can occur via [Families | Exchange Counselling \(exchange-counselling.com\)](https://www.exchange-counselling.com) where there are a range of bookable appointments.

SQA Parents/Carer SQA session recording

The University of Glasgow recently ran a series of UofG SQA Parents/Carers Sessions. Given the success of the sessions they have recorded the presentation, which covers the UCAS cycle and application support for UofG, and wanted to share this with you. The presentation recording is now available to view on our youtube channel here:

https://youtu.be/AqplfgKHHFI?si=xaTg7EQnZu_MHAbM

If you have any other questions you can always get in touch with them at

www.gla.ac.uk/study/enquire<<http://www.gla.ac.uk/study/enquire>>

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There is also an open day at the University of Glasgow on Saturday 26 October. More details and registration can be found here:
www.gla.ac.uk/explore/visit/undergraduate/opendays/ <<https://www.gla.ac.uk/explore/visit/undergraduate/opendays/>>

Banking Career Panel

On Wednesday 24 September, S4 to S6 young people have the opportunity to view an online Banking Career Panel where colleagues from Virgin Money with interesting "Maths Tales" of how they have incorporated maths into their career journeys. Anyone interested should let Mr Picksley know on Monday morning.

Relaunched Mental Health and Wellbeing Policy

In 2021 the Speyside High School Mental Health and Wellbeing Policy was launched. This has undertaken a recent review and the updated documents for both parents/carers and young people can be found here:
<http://speysidehighschool.net/mental-health-and-wellbeing>. The Policy includes a range of information regarding Mental Health and Wellbeing as well as sources of support.

What's Cooking

S1: Scones
S2: Salmon Fish Cakes
S3 Practical cookery: Apple & Chocolate Turnovers
S5 Practical cookery: **Tuesday** – Berry Cream Towers
Thursday – Profiteroles Strawberry
S5 HFT: Swiss Roll
Wider achievement: Bakewell Tart

Please remind your young person to bring a container to school for their Home Economics class.

Yours faithfully

Mrs P Goodbrand
Head Teacher

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