



## PLEASE READ TO YOUR PERIOD 1 CLASS

– THANK YOU

TUESDAY 16 DECEMBER 2025

1. **SCHOOL ADVENT CALENDAR:** The School Advent Calendar will be displayed on the wall in the library. Your teacher will play an individual video clip in your period 1 class each day.
2. **RUGBY TRIP:** We have a great opportunity to run a trip to Murrayfield to watch Scotland Vs England Womens play next year. This trip is open to girls only at this stage. If you are interested in coming along to this trip, or are wanting to find out more information, come for a small meeting at 1.45pm Tuesday 16 in the PE department.
3. **ECOLOGY CLUB – TUESDAY 16 DECEMBER:** There will be no Ecology Club today. Have a great Christmas and see you in the New Year!
4. **CHEERLEADING PRACTICE:** Can anyone who is part of the cheerleading performance on Wednesday please come to a practice in the games hall at lunchtime today – 1.30pm.
5. **LUNCHTIME MEETING:** Could the following young people please go to the Drama room at lunchtime today: **See pupil notes**
6. **WEDNESDAY 17 DECEMBER: CHRISTMAS CONCERT REHEARSAL:** The following young people will be out of classes on Wednesday 17 December to rehearse at the times below: **See pupil notes**
7. **S3 COURSE CHOICE:** Can the following please submit their Scoping exercise forms to your Guidance Teacher or year head as soon as you are able. Thank you: **See pupil notes**
8. **CHRISTMAS JUMPER/COLOURS WEEK:** The school is having a Christmas jumpers/colours week on the last week of school (from 15 – 19 December). Please wear your Christmas jumper or anything Christmas coloured to school. If you don't have anything Christmas related, there will be Christmas jumpers on the rails outside the Auditorium. Please bring a donation for MFR Cash For Kids Christmas, if you can. Thank you!
9. **CHRISTMAS CONCERT REHEARSAL:** Could the following people please come to a rehearsal in the Music Room at lunchtime on Tuesday: **See pupil notes**
10. **SPEYSIDE YOUTH LUNCH CLUB:** There will be an UNO competition taking place in room 18 at lunch club **today**. There will be a selection box for the winner!
11. **STAFF V STUDENTS VOLLEYBAL:** Open to Seniors and Active Schools Young Leaders – Starting Wednesday 17 December, 1.30pm in the Games Hall – Please let our Sport Ambassadors know if you would like to play.
12. **PREFECTS ON DUTY AT LUNCHTIME TODAY: See pupil notes**
13. **S5 STUDY PERIODS**
  - Tuesday P5 Room 28 or Drama Room
  - Tuesday P6 Room 23 or Room 17
14. **LUNCHTIME FOOTBALL:** The astro pitch will be available on Tuesday lunchtime for football for S1 and S2 only. We will also have a pitch available for S1/2 girls. Make sure you leave the pitches tidy and start making your way back to school when the whistle blows, not when the bell rings.
15. **S1 SPEYSIDE YOUTH DROP-IN:** Speyside Youth Drop-In for S1 TODAY from 1.10pm in room 18. Feel free to pop in at any time during lunchtime to play games, listen to music and have your lunch. The Speyside Youth Drop-In will occur every Tuesday throughout the year. We look forward to seeing you there!
16. **LUNCH HUB:** A reminder that S1 lunch hub is on today in room 18, join us for lunch and games.

- 17. COUNSELLING SERVICE (S1-S6):** Our counsellor is offering a **drop-in session today during break**. They can be found in the **Dullan Room** (up Sfl stairs).
- 18. SCHOOL ORCHESTRA (S1-S6):** If you play an instrument and would like to join the school orchestra then there are still spaces left! All are welcome! Please meet in the Music room after school (3.45pm – 4.15pm) **TOMORROW** (Wednesday). We will start looking at music for the Christmas concert.
- 19. CALLING ALL GAMES DESIGNERS:** If you can use any text based programming language, you are welcome in Room 1 for Games Development club. Tuesday lunchtimes from 1.15pm.

**20. ACTIVITIES AND CLUBS**

Day	Club	Location	Time
Tuesday	Football	Astro	Lunchtime
Tuesday	Badminton Club	Games Hall	15:50 – 17:00
Tuesday	Lunch Club	Room 18	Lunchtime
Tuesday	Games Development Club	Room 1	Lunchtime – from 1.15pm

## Tuesday – Week 4

### Morning Break

<b>Snacks:</b>	Toast / Mini Choc Muffin	£0.55 / £0.65
	Bagel	£0.80
	<b>Bacon Roll</b>	<b>£1.60</b>
	Iced Bun	£0.70
	Pancake / Scone	£0.65
	Crisps (various)	£0.75
	Propercorn	£0.75
	Piece of Fruit /Fruit Pot	£1.10

*(for drinks prices see lunch menu)*

### Lunch

<b>Soup:</b>	Spicy Lentil	£0.85
<b>Main Course:</b>	Steak Pie	£1.80
	Vegetable Meatballs in Tomato Sauce	£1.80
<b>Sides:</b>	Spaghetti, Potatoes, Cabbage, Sweetcorn	(x2 included)
<b>Hot Snack:</b>	Chicken Tikka Chapatti	£1.75
	Vegetable Sausage Roll	£1.75
<b>Sweet:</b>	Carrot Cake Cookie & Fresh Fruit	£0.85
	Piece of Fruit / Fruit Pot	£0.50 / £1.10
	Jelly / Whip	£0.85
<b>Sandwich Bar:</b>	Salad Box / Panini	£1.80 / £1.70
	Wrap / Sandwich / Oval roll	£1.55 / £1.45 / £1.35
	Full Baguette / ½ Baguette	£1.80 / £0.95
<b>Drinks:</b>	Small Water / Large Water	£0.50 / £0.70
	Milk / Flavoured Milk Carton	£0.50 / £0.55
	Rubicon Splash (carton) / Rubicon (bottle)	£0.55 / £0.90
	Mac B (bottle)	£0.70

<b>PANINI</b>	<b>TUNA MAYO</b>	<b>or</b>
<b>FILLINGS: (Choose 1):</b>	<b>CHEESE</b>	

**DELI BAR REMAINS UNCHANGED**

**ALSO SEE POSTER IN CANTEEN FOR TODAYS MEAL DEAL FOR £2.75**



