

**PLEASE READ TO YOUR PERIOD 1 CLASS****- THANK YOU****TUESDAY 20 JANUARY 2026**

- 1. OUT OF BOUNDS:** The area around the old library is out of bounds to all young people.
- 2. BAKERY CLUB:** S1 bakery club will start Wednesday 28 January. If you would like to sign your name up the sheet is in room 22.
- 3. BARISTA COMPETITION:** Please see pupil notes in school to see which young people should meet with Principal Teacher of RMPS at 1.45pm on Thursday at the coffee area.
- 4. BADMINTON:** There will be no Badminton Club today.
- 5. PRELIMS:** Young people who have prelims over break can get something from the canteen afterwards before returning to class.
- 6. CAREERS APPOINTMENTS TODAY (ROOM 6):** See pupil notes in school
- 7. PREFECTS ON DUTY AT LUNCHTIME TODAY:** See pupil notes in school
- 8. S5 STUDY PERIODS**
 - Tuesday P5 Room 28 or Drama Room
 - Tuesday P6 Room 23 or Room 17
- 9. LUNCHTIME FOOTBALL:** The astro pitch will be available on Tuesday lunchtime for football for S1 and S2 only. We will also have a pitch available for S1/2 girls. Make sure you leave the pitches tidy and start making your way back to school when the whistle blows, not when the bell rings.
- 10. S1 SPEYSIDE YOUTH DROP-IN:** Speyside Youth Drop-In for S1 pupils **TODAY** from 1.10pm in room 18. Feel free to pop in at any time during lunchtime to play games, listen to music and have your lunch. The Speyside Youth Drop-In will occur every Tuesday throughout the year. We look forward to seeing you there!
- 11. COUNSELLING SERVICE (S1-S6):** Our counsellor is offering a **drop-in session today during break**. They can be found in the **Dullan Room** (up SfL stairs).
- 12. MUSIC TUITION TODAY - STRINGS:** There are no strings lessons this week
- 13. ACTIVITIES AND CLUBS**

Day	Club	Location	Time
Tuesday	Football	Astro	Lunchtime
Tuesday	Ecology Club	Room 33	Lunchtime
Tuesday	Badminton Club	Games Hall	3.50pm – 5.00pm
Tuesday	Lunch Club	Room 18	Lunchtime

Tuesday - Week 3

HAM AVAILABLE

Morning Break

Snacks:		
Toast / Mini Choc Muffin		£0.55 / £0.65
Bagel		£0.80
Bacon Roll		£1.60
Iced Bun		£0.70
Pancake / Scone		£0.65
Crisps (various)		£0.75
Propercorn		£0.75
Piece of Fruit /Fruit Pot		£1.10

(for drinks prices see lunch menu)

Lunch

Soup:	Vegetable Broth	£0.85
Main Course:		
Roast Chicken		£1.80
Mexican Rice		£1.80
Sides:	Potatoes, Carrots, Green Beans, Salad	(x2 included)
Hot Snack:		
Veggie Chilli Loaded Fries		£1.75
Vegetable Burger		£1.75
Pulled Pork Wrap		£1.75
Sweet:		
Piece of Fruit / Fruit Pot		£0.50 / £1.10
Jelly / Whip		£0.85
Sandwich Bar:		
Salad Box / Panini		£1.80 / £1.70
Wrap / Sandwich / Oval roll		£1.55 / £1.45 / £1.35
Full Baguette / ½ Baguette		£1.80 / £0.95
Drinks:		
Small Water / Large Water		£0.50 / £0.70
Milk / Flavoured Milk Carton		£0.50 / £0.55
Rubicon Splash (carton) / Rubicon (bottle)		£0.55 / £0.90
Mac B (bottle)		£0.70
Piece of Fruit / Fruit Pot		£0.50 / £1.10
PANINI	TUNA MAYO	or
FILLINGS: (Choose 1):	CHICKEN MAYO	

DELI BAR REMAINS UNCHANGED

ALSO SEE POSTER IN CANTEEN FOR TODAYS MEAL DEAL FOR £2.75

