



PLEASE READ TO YOUR PERIOD 1 CLASS

– THANK YOU

TUESDAY 20 JANUARY 2026

1. **OUT OF BOUNDS:** The area around the old library is out of bounds to all young people.
2. **BAKERY CLUB:** S1 bakery club will start Wednesday 28 January. If you would like to sign your name up the sheet is in room 22.
3. **BARISTA COMPETITION:** Please see pupil notes in school to see which young people should meet with Principal Teacher of RMPS at 1.45pm on Thursday at the coffee area.
4. **BADMINTON:** There will be no Badminton Club today.
5. **PRELIMS:** Young people who have prelims over break can get something from the canteen afterwards before returning to class.
6. **CAREERS APPOINTMENTS TODAY (ROOM 6):** See pupil notes in school
7. **PREFECTS ON DUTY AT LUNCHTIME TODAY:** See pupil notes in school
8. **S5 STUDY PERIODS**
 - Tuesday P5 Room 28 or Drama Room
 - Tuesday P6 Room 23 or Room 17
9. **LUNCHTIME FOOTBALL:** The astro pitch will be available on Tuesday lunchtime for football for S1 and S2 only. We will also have a pitch available for S1/2 girls. Make sure you leave the pitches tidy and start making your way back to school when the whistle blows, not when the bell rings.
10. **S1 SPEYSIDE YOUTH DROP-IN:** Speyside Youth Drop-In for S1 pupils **TODAY** from 1.10pm in room 18. Feel free to pop in at any time during lunchtime to play games, listen to music and have your lunch. The Speyside Youth Drop-In will occur every Tuesday throughout the year. We look forward to seeing you there!
11. **COUNSELLING SERVICE (S1-S6):** Our counsellor is offering a **drop-in session today during break**. They can be found in the **Dullan Room** (up Sfl stairs).
12. **MUSIC TUITION TODAY - STRINGS:** There are no strings lessons this week

13. **ACTIVITIES AND CLUBS**

Day	Club	Location	Time
Tuesday	Football	Astro	Lunchtime
Tuesday	Ecology Club	Room 33	Lunchtime
Tuesday	Badminton Club	Games Hall	3.50pm – 5.00pm
Tuesday	Lunch Club	Room 18	Lunchtime

Tuesday - Week 3

HAM AVAILABLE

Morning Break

Snacks:	Toast / Mini Choc Muffin	£0.55 / £0.65
	Bagel	£0.80
	Bacon Roll	£1.60
	Iced Bun	£0.70
	Pancake / Scone	£0.65
	Crisps (various)	£0.75
	Propercorn	£0.75
	Piece of Fruit / Fruit Pot	£1.10

(for drinks prices see lunch menu)

Lunch

Soup:	Vegetable Broth	£0.85
Main Course:	Roast Chicken	£1.80
	Mexican Rice	£1.80
Sides:	Potatoes, Carrots, Green Beans, Salad	(x2 included)
Hot Snack:	Veggie Chilli Loaded Fries	£1.75
	Vegetable Burger	£1.75
	Pulled Pork Wrap	£1.75
Sweet:	Piece of Fruit / Fruit Pot	£0.50 / £1.10
	Jelly / Whip	£0.85
Sandwich Bar:	Salad Box / Panini	£1.80 / £1.70
	Wrap / Sandwich / Oval roll	£1.55 / £1.45 /
		£1.35
	Full Baguette / ½ Baguette	£1.80 / £0.95
Drinks:	Small Water / Large Water	£0.50 / £0.70
	Milk / Flavoured Milk Carton	£0.50 / £0.55
	Rubicon Splash (carton) / Rubicon (bottle)	£0.55 / £0.90
	Mac B (bottle)	£0.70
	Piece of Fruit / Fruit Pot	£0.50 / £1.10
PANINI	TUNA MAYO	or
FILLINGS: (Choose 1):	CHICKEN MAYO	

DELI BAR REMAINS UNCHANGED

ALSO SEE POSTER IN CANTEEN FOR TODAYS MEAL DEAL FOR £2.75

